Generally, do not attempt to kitchen your opponent's discs unless you are 15 or more points behind in score. Just takeout scoring discs and others discs that may be converted to a score. When accomplishing these take outs always try to ensure your disc also clears the court.

Seldom ever should you block your opponent's disc in the kitchen—with one exception — if you're near the end of the game and you are behind in score block it!!!!! Instead of blocking shoot for a 7 or 8 or set a hide on the opposite side of the board. If your opponent, when playing the board because he is behind in score, puts himself in the kitchen, you should immediately set up a hide on the other side. When he goes for his disc in the kitchen, you put in a scoring disc behind your hide.

The difference between an amateur and a champ is strategy. Strive to advance your shuffleboard skills by using strategies. Many beginning players are unaware of the fine points experienced players work into their game. Some players continue to play for years without discovering the excellent thinking underlining the strategies and techniques used by accomplished players.

Don't rush the game. You must always be deliberate before shooting. Shooting with care and deliberation is one of the main trademarks of an expert. Casual rushed shots are amateurish.

Two main facets of shuffleboard are (1) "kitchens do not win games, numbers do" (2) "a scoring disc that is not hidden is usually useless."